

Big Brother is watching you.

A phrase taken from **George Orwell**'s **Nineteen Eighty-Four** (1949), meaning that one's actions and intentions are being monitored by the government (or any other form of power, such as the media) as a means of controlling and suppressing people's willpower.

> You have to be careful what you write in an email these days: Big Brother is watching you, after all.