



Spices



Chili Pepper



Cinnamon



Black Pepper



Cloves



Nutmeg



Cardamom



Star Anise



Ginger



Vanilla



Allspice

A spice is a **vegetable substance** (often a **seed**, **root** or **bark**) used for **flavoring**, **coloring** or **preserving food**. Spices are not to be confused with **herbs**, which are parts of leafy green plants used either for flavoring or as garnish. Many spices have **antimicrobial properties**, which explains why they are used for preserving food and why the use of spices is prominent in meat, which is particularly prone to spoiling fast, especially in hot climates.

Click on the Picture of the **Black Pepper** to Watch a **VIDEO** on why salt and pepper are ubiquitous on Western tables