



Pavlova

Pavlova is a **meringue-based dessert** named after the Russian ballerina **Anna Pavlova** and believed to have been created in honor of the dancer during one of her tours to **Australia** and **New Zealand** in the **1920s**. Yet, the nationality of its creator has been a source of argument between the two nations for many years. In **2008**, **Helen Leach** published ***The Pavlova Story: A Slice of New Zealand's Culinary History***, in which she argued that the earliest known recipe was published in New Zealand. However, research by **Andrew Wood** and **Annabelle Utrecht** has recently suggested that the dessert originated in the **United States** and was based on an earlier **German recipe**. Whatever its origins, Pavlova is a delight for the palate and is perfect for the **summer tea time**.



Click on the picture for
a video of this **RECIPE**

