personal english



Food Corner #12

Chicken Tikka Masala

If there's one single dish guaranteed to be on every Indian restaurant menu, this is chicken tikka masala. Chicken tikka masala is made of chunks of chicken marinated in spices and yoghurt, later baked in a tandoor oven, and served in a masala (spice mix) sauce. The sauce usually includes mashed tomatoes, cream, coconut cream and various spices. The sauce or chicken pieces (or both) are tinted orange using ingredients such as turmeric powder, paprika powder or tomato purée.



Click on the picture for a video of this **RECIPE**

