personal english



Food Corner #26 Spring Rolls

Spring rolls are a large variety of **filled appetizers** found in **East Asian** and **Southeast Asian** cuisine. The name is a literal translation of the Chinese **chūn juǎn** (春卷 'spring roll'). The kind of wrapper, fillings, and cooking technique used, as well as the name, vary considerably within this large area, depending on the region's culture. Spring rolls of different shapes, sizes and fillings have been a popular starter or snack in Asia for centuries. It is believed that spring rolls originated in **China** as a seasonal food consumed during the **spring** in the form of a pancake filled with the new season's spring vegetables – a welcome change from the preserved foods of the long winter months...





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