

The Wife-Carrying World Championship

Wife carrying (*eukonkanto* in Finnish) is a contest in which male competitors race while each carrying a female teammate on their backs. The goal is for the man to carry the woman through a special **obstacle track** in the fastest time. The sport was first introduced at **Sonkajärvi, Finland**, but was later introduced also into **Estonia** and **Sweden**.

Several types of carry may be practised: **piggyback**, **fireman's carry** (over the shoulder), or **Estonian-style** (the woman hangs upside-down with her legs around the husband's shoulders, holding onto his waist).

Wife-Carrying World Championships have been held annually in Sonkajärvi, Finland since 1992. The **prize**? As much **beer** as the **woman's weight**.



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VIDEO
On the Wife-Carrying
World Championship