



## Christmas Pudding

The word **pudding** has been in use since the **1300s** to mean the **stomach** or the **entrails** of livestock stuffed with **meat** and **suet**. This bears witness to its kinship with traditional Scottish **haggis**, a savory pudding containing sheep's **offal** minced with onion, **oatmeal**, suet, spices and **stock** encased in the animal's stomach. The pudding remained a savory dish until the 18<sup>th</sup> century, when the so-called **plum pudding** started gaining popularity. Its name, however, is misleading due to the pre-Victorian use of the word **plums** as a term for **raisins**.



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