personal english



Food Corner #23

Cupcakes

A cupcake is a small cake baked in a thin paper or aluminum cup. The first mention of the cupcake can be traced as far back as 1796, when a recipe notation of "a light cake to bake in small cups" was written in American Cookery by Amelia Simmons. The earliest documentation of the word, however, is in Seventy-Five Receipts for Pastry, Cakes, and Sweetmeats by Eliza Leslie (1828). Before muffin tins became widely available, cupcakes had been usually baked in individual pottery cups or molds similar to what is known as a 'ramequin' in French; nowadays, though, the name 'cupcake' is applied to any teacup-sized cake, regardless of the baking equipment actually employed.





Click on the Picture for a Video of this **RECIPE**