personal english



Landmark #6

Paro Taktsang Bhutan





This temple complex was built in 1692, and its story is deeply rooted in the introduction of **Buddhism** to the country. The site was chosen due to its closeness to the cave where Guru Padmasambhava meditated for three years, three months, three days and three hours in the 8th century. This is only one of thirteen total **taktsang**, that is, 'tiger lair' caves where Padmasambhava is believed to have meditated. The place is also known as the 'tiger's nest', as Padmasambhava is said to have landed here after a flight on the back of a tigress all the way from **Tibet**.

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